



Featuring
The Box End Quadrathlon & Quadkids Race- Sunday 05.07.2020

Entry Details: view our website, <http://www.quadracracing.co.uk/>

Date: The event takes place on **Sunday 5th July 2020.**

Timings

- Registration [in main building] on Saturday 4th July 20 is open from 17.00 to 18.00 competitors are encouraged to register on the Saturday if possible.
- Sunday 5th July 2020 registration will be open from 06.00 to 07.15.
- Race briefing is at 07.45 in the transition area [**compulsory to attend**]
- The race will start at 08.00

Race information will be emailed but can also be found on our website: www.quadracracing.co.uk

Venue: Box End Park, Box End, Kempston, Bedford, Beds, MK43 8RQ Grid Ref: TL011485
Directions available from Box End Water Ski Park website: <https://www.boxendpark.com/enquire-now/>

Event Details

The Quadrathlon

750m open water swim
4.8km kayak [4 laps]
15km off-road bike course [3 laps]
5km trail run [1 lap]

Quadkids Race

250m open water swim
1.2km kayak (1 lap)
5km off-road bike (1 lap)
2km trail run

Wetsuits are advisable but not compulsory unless low water temperatures.

Entry Types	Fees
Individual Entry fee for BQA member	£30
Additional fee for non BQA member	£5 (Pay on day)
On the day registration (At reception)	£5 extra
Team for Quadrathlon	£60
Quadkids	£15

Facilities available: Camping, toilets, showers, changing areas, refreshments, parking, bar, restaurant and café.

If camping contact Box End directly pre booking and payment is mandatory – Telephone Number: 01234 846222, or email info@boxendpark.com

Event Rules: the event will be run under the rules & guidelines set out by the World Quadrathlon Association. The rules can be viewed on either the WQF or BQA websites: <https://wqf.quadrathlon.com/>
<https://www.britishquadrathlon.org.uk/>





BOX END QUADRATHLON ENTRY FORM 2020

To enter please complete this form and Email it to info@boxendpark.com.

You can make payment by following this link – <https://boxend.sports-booker.com/customer>.

Select “Tri Races”, then the number of people you are entering (4 for a team) and then select the race date from the calendar (5th July). Next click on the + symbol to book your places. Under ticket type select either ‘Quadrathlon’ for an adult place or, ‘Child (under 16)’ for a youth entry. If you are entering a team you can enter the 4 places all under ‘Child’ in order to get the team discount price.

Alternatively you can make payment with a credit card by calling Box End Park on 01234 846222 after your form has been submitted.

Remember to book your camping- directly with Box End

Solo Entry Information or Team Captain

Surname..... Forename.....

Address.....
.....

Mobile..... Home.....

E-mail.....

Your Age on 31/12/2020 Date of birth..... Nationality.....

Club..... BQA Membership No.....

Team Name (if applicable).....

Team Member Name.....DOB..... Signature.....

Team Member Name.....DOB..... Signature.....

Team Member Name.....DOB..... Signature.....

Your personal details will be kept on our database and will be used to provide race information / results or info about future events. Please indicate **if you do not** want to receive any information by email:

Disclaimer

Minimum age of 14 on day for main Quadrathlon event.

I am in good health and fit to compete in the above race. I am a competent canoeist and proficient in deep water capsizing drill [if under taking the quad], I will wear a buoyancy aid during the canoe section [if under taking the quad] if conditions dictate. I am aware that my bicycle must be in roadworthy condition and that the wearing of an approved cycle helmet is mandatory. I will undertake to read the race information and attend the race briefing and abide by any rules and regulations. I also agree to follow any instructions given by the organisers / race marshals. I accept that the organisers and their friends and their associates are not liable for any loss, damage, claim, injury (including fatal) or expense that may arise in consequence of my participation in this event.

Signature..... Date.....

(If under 18 signature of parent or guardian is required)