

LINCSQUAD



'QuadKidz'

***Open water swim, off road cycle, kayak, and run,
over age related distances.***

Saturday 27th June 2020 Training Camp

British Triathlon and British cycling coached off road cycling, running, and open water swimming with kayak practise.

Wet suits, buoyancy aids, and approved cycle helmets compulsory.

10am to 6pm. Ages 8 to 18 years (as at 31/12/20)

Cost: Lincsqquad Members? None Members? (to be decided)

Limited camping on site (no caravans)

Parents will have the opportunity to experience 1 hour of open water swimming while the youth rest, cost £5 (free if assist with marshalling)

Sunday 28th June 2020 BQA QuadKidz points series event. 1 pm start

North Lincolnshire and Humberside Sailing Club, Barton Upon Humber, DN18 5RB.

More information to follow

Cost of event? (to be decided)

Parents will have the opportunity to experience 1 hour of open water swimming while the youth rest, cost £5 (free if assist with marshalling)

Register at www.Lincsqquad.co.uk.